

September 2023 - June 2024 Schedule

Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3
						Studio Opens @ 9:45am			Studio Opens @ 9:45am			Studio Opens @ 10:45am			Studio Opens @ 8:45am			Studio Opens @ 9:45am		
						Silks (All Levels) Paula 10:00 - 10:55			Silks (All Levels) Kaitlan 10:00 - 10:55			Aerial Yoga (Flow) Teghann 11:00 - 11:55			Aerial Yoga (Restorative) Teghann 10:00 - 10:55			Silks (All Levels) Paula 10:00 - 10:55		
												11:00 - 11:55			11:00 - 11:55			11:00 - 11:55		
Studio Opens @ 11:45am			Studio Opens @ 10:45am			Studio Closed @ 11:00pm			Studio Closed @ 11:00pm			Studio Closed @ 1:00pm			Studio Closed @ 1:00pm			Acro Exam Prep (January - June) Primary - Lv. 2 11:00 - 11:55		
			Silks (All Levels) Paula 11:00 - 11:55									11:00 - 11:55			11:00 - 11:55			11:00 - 11:55		
						Studio Closed @ 12:00pm			Studio Closed @ 12:00pm			Studio Closed @ 1:00pm			Studio Closed @ 1:00pm			Acro Exam Prep (January - June) Lv. 3 - 5 12:00 - 12:55		
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